

# NO MESSING WITH METH!

Messing with Meth is Messing with Death

## GENERAL HEALTH EFFECTS

Permanent damage to blood vessels of heart and brain, high blood pressure leading to heart attacks, strokes and death.



## HOW IT LOOKS LIKE

Colourless and odourless crystal that resembles glass fragments or shiny blue-white-rocks. Meth also comes in tablet form and are known as 'Ya ba'.



## BEHAVIOURAL EFFECTS

Aggressive, violent and anti-social behaviour, and compulsive repetition of meaningless acts.



## PERSONAL AND LEGAL CONSEQUENCES

Loss of freedom (i.e. admittance into rehab centre), disruption to studies (i.e. getting suspended from school), legal trouble (i.e. charged in court), psychological harm to loved ones.



## WHAT'S INSIDE

Sulphuric acid found in battery acid, drain cleaner, lantern fuel and antifreeze are often added during production of meth to increase its strength.

## DON'T MESS WITH METH.

Or it will mess you up – physically, physiologically and psychologically

