

JUST A CLICK AWAY.



Keep abreast of trends related to drug abuse so you can better monitor your teenagers' activities and talk to them at opportune moments. There are plenty of resources online to help you understand the drug issue.



- For updates on local drug situation, refer to CNB website, www.cnb.gov.sg
- For anti-drug articles and materials, refer to the Preventive Drug Education portal, www.cnb.gov.sg/cnbpde

OTHER USEFUL WEBSITES:

- National Council Against Drug Abuse (NCADA), www.ncada.org.sg
- National Addictions Management Service (NAMS), www.nams.sg



SOCIAL MEDIA

FOR SOCIAL UPDATES AND EVENT HAPPENINGS:

-  Life Does Not Rewind Facebook Page
NCADA Facebook Page
-  "Drugfreesg" Instagram account
(@Drugfreesg)
-  "CNBkNOwDrugs" youtube channel



HELPLINES

- CNB hotline
Tel: 1800-325-6666
- National Addictions Management Services
Tel: 6732 6837



UNITED AGAINST DRUGS