

DANGER: DRUGS!



It is never too early to start educating your child on the dangers of drugs. To help your young one understand, you could focus on the short-term effects of drug abuse.



Use candy as an example, it tastes great but can cause toothaches. Explain that just **ONE** try with drugs can **make their bodies sick**.

Point out common items that are sniffed e.g. glue, shoe polish and gasoline. Explain that inhalant abuse can **damage their brains**.



Make your points relatable. If your child does sports, highlight that drugs can **affect athletic performance**.

Explain that drugs are illegal and that people **can be arrested for abuse**.



Harmful Effects of Drugs

Drowsiness
Bloodshot eyes
Tiredness
Aggression



Anxiety
Seizures
Hallucination
Brain damage
Difficulty in learning

Telling your child that drugs are bad isn't enough. Help them understand its harm.



@drugfreeSG



Life Does Not Rewind



UNITED AGAINST DRUGS