

RAISE YOUR CHILD DRUG-FREE!

Parents have the responsibility to raise their children well. One area that is often neglected by parents is speaking with their children about drug abuse – the importance of having a drug-free lifestyle. Below are some tips for parents to share with their children about this important topic.

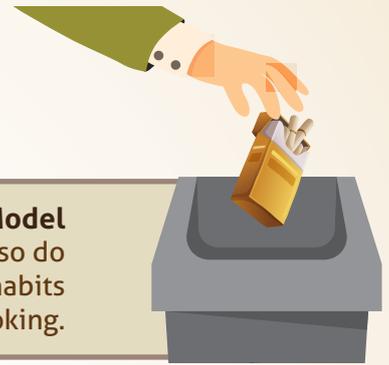


7 EASY PARENTING TIPS!



Talk to Your Child Often

Children who learn about the risks of drug abuse from their parents are less likely to abuse them.



Be a Role Model

Children imitate adults, so do cut back on or quit bad habits such as smoking.



Be Involved in Your Child's Life

Children are less likely to abuse drugs when they forge close relationships with you.



Establish the Rules

Do not be lenient when it comes to laying down the rules about drugs. It is a strict NO.



Support Your Child's Interests

Children who pursue their interests and dreams have no time for drugs.



Be Observant

Pay attention to your child's emotions and the kind of influence your child's peers may have on him/ her.



Make Your Home Safe

Your home must be a safe and comfortable place for your child.

Do your part and educate your child about the dangers of drug abuse and help him/her make good choices as they grow up.

